

Curriculum Vitae

Dr Veena V Nair: MBBS, MD (Pediatrics), DCH, PDCC (Pediatric Endocrinology).

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Current position (June 2013 - till date): Consultant Pediatric and Adolescent Endocrinologist, Ananthapuri Hospitals and Research Institute, Chacka NH Bypass, Thiruvananthapuram, Kerala, India.

Ex- Executive committee member ISPAE 2015-16.

Education and Experience.

MBBS (1997-2003): Govt. Medical College, Thiruvananthapuram, Kerala University.

MD Pediatrics (2004-07) : Sree Avittom Thirunal (SAT) Hospital, Govt. Medical College, Thiruvananthapuram, Kerala University: gold medalist and best outgoing student.

PDCC Pediatric Endocrinology (2009-10) – SGPGIMS, Lucknow.

Senior Research Associate (2011 – 2012) – Dept of Endocrinology, CMC, Vellore.

Attended ISPAE Pediatric Endocrine Training 2011 at Calicut, Kerala and Pediatric Endocrinology Fellow School Training Program conducted by Asia Pacific Pediatric Endocrine Society (APPES) 2013 at Wuhan, China.

Publications

1. Zacharin M, Sabin MA, Nair VV, Dabadhghao P. Addition of rFSH to HCG treatment in adolescents and young adults with hypogonadotropic hypogonadism promotes spermatogenesis and may improve prospects for long term fertility. *Fertil Steril.* 2012 Oct;98(4):836-42.
2. Co author. Assessing resting energy expenditure (REE) to determine dietary calorie requirements in subjects with fibrocalcific pancreatic disease. *J Diabetes* 2014; 6(2):158-63.
3. Co author. Maturity onset diabetes of the young in India - A distinctive mutation pattern identified through targeted next generation sequencing. *Clin. Endocrinol (Oxf)* 2014 July 5.
4. Nair VV, Chapla A, Arulappan N, Thomas N. The molecular diagnosis of Maturity onset diabetes of the young in India. *Indian J Endocrinol and Metab.* May-June 2011; Vol 17: No.3. pp430-441.
5. Nair VV, Bhatia V. Vitamin D deficiency – Prevention and treatment. *IJPP*; Oct- Dec 2011, vol 13, no.4, pp369-377.

Book Chapters

1. Bhatia V and Nair VV. **Rickets**. In *Practical Pediatric Endocrinology (European Society for Pediatric Endocrinology Textbook for Developing Nations)*. Elsevier publishers; 2011.
2. Co author. Diabetes in childhood and adolescence. *A Practical Guide to Diabetes Mellitus*. Sixth edition. 2012. Jaypee publishers.

Memberships

Life Member of IAP and ISPAE. Member Asia Pacific Pediatric Endocrine Society (APPES) and ISPAD.

Organisational skills and other activities:

Scientific coordinator, Pediatric Endocrinology Summit, a national Pediatric Endocrinology CME at Thiruvananthapuram, on 12 th May 2014. Organised 3 growth check up camps at Ananthapuri Hospital and Research Institute, Thiruvananthapuram. Conducted several medical camps in the community.

Gave public awareness talks and published write ups on different pediatric endocrine disorders in various media.

Goals as ISPAE executive

1. Improve knowledge and awareness about pediatric endocrine disorders in the public to facilitate early diagnosis and treatment of these disorders.
2. To further the interest and engage medical fraternity in the subspecialty of pediatric endocrinology.
3. To nurture the society academically, socially and financially (through encouraging memberships).

