

CURRICULUM VITAE



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- Position : Associate Prof of Paediatrics
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- Life Member of IAP (2005) and ISPAE (2014)

EDUCATIONAL QUALIFICATIONS:

- MBBS (1996-2001) : JIPMER, Pondicherry,Pondicherry University
- MD Pediatrics (2002-2005) : AIIMS, New Delhi
- DNB Pediatrics (2006) : NBE, New Delhi
- Fellowship in Pediatric & Adolescent Endocrinology : IGICH, Bangalore ,Rajiv Gandhi University of Health Sciences, Karnataka (2017)

WORK EXPERIENCE:

- Assistant Professor, Department of Pediatrics, Government Medical College, Thrissur
- Assistant Professor, Department of Pediatrics, Amrita Institute of Medical Sciences, Kochi
- Participated in ISPAE PET held at Gurgaon, 2015

CURRENT AFFILIATION

- Associate Professor, In charge of Pediatric Endocrine clinic since 2013 , Department of Pediatrics, Government Medical College, Thrissur

- Nodal Officer “Mittayi- Comprehensive care for type 1 diabetic children” under Govt of Kerala , Thrissur Govt Medical College
- Member of Academic PEARLS group of Central IAP (Endocrinology)
- BLS and Pediatric Advanced Life Support (PALS) instructor since 2018

WORK IN PEDIATRIC ENDOCRINOLOGY

- In charge of Pediatric Diabetic clinic , GMC, Thrissur since 2019
- Organized Conferences for continued medical education in Pediatric endocrinology at Govt Medical College, Thrissur in 2016 February (“HORMONY”) and May 2018 (State conference of Pediatric Endocrinology)
- Faculty in various State Ped Endocrine CMEs
- Conducted Workshop for Pediatricians on Type 1 diabetes in March 2019
- Gave awareness talks for public in All India radio on Short stature, Hypothyroidism, Obesity and Type 1 diabetes (2018-2019)

PUBLICATIONS

1. Dr. Nileena Paul, Dr. Deepa Anirudhan, Dr. Lathika Nayar and Dr. K. K. Purushothaman, 2017. “Predictors of glycemic control in children with type 1 diabetes mellitus”, International Journal of Current Research,2017, 9, (12), 62484-62487.
2. M.R. Sridhar, Himanshu Goel, Deepa Anirudh, Rakesh Lodha and S.K. Kabra, Kawasaki Disease: Are We Missing the Diagnosis ?, [**Indian J Pediatr**] 2005; 72 (10) : 873-875]
3. Deepa Anirudhan, Sameer Bakhshi, Immaculata Xess, Shobha Broor And LS Arya, Etiology and Outcome of Oral Mucosal Lesions in Children on Chemotherapy for Acute Lymphoblastic Leukemia, [**Indian Pediatrics**] 2008; 45 (1) : 47-51]

GOALS AS ISPAE EXECUTIVE

1. To spread awareness in Paediatric endocrine disorders among Paediatricians to facilitate early detection and treatment
2. Improving resource materials in local languages
3. Encourage research activities .