

Dr Medha Mittal

Associate Professor (Pediatrics)
Incharge Pediatric Endocrinology
Chacha Nehru Bal Chikitsalaya, Delhi
(An autonomous institute under Govt of NCT, Delhi)



Academic Qualifications-

MBBS from Maulana Azad Medical College, Delhi University (1995)

MD (Pediatrics) from Maulana Azad Medical College, Delhi University (2000)

Professional Experience :

Senior Resident at Kalawati Saran Children's Hospital, Lady Hardinge Medical College, New Delhi.

Assistant Professor at Chacha Nehru Bal Chikitsalaya, Delhi.

Short term training in Department of Endocrinology and Metabolism, All India Institute of Medical Sciences, New Delhi and in Division of Pediatric Endocrinology, Department of Pediatrics, All India Institute of Medical Sciences, New Delhi.

ISPAE Observership at Division of Pediatric Endocrinology, Department of Pediatrics, All India Institute of Medical Sciences, New Delhi.

ISPAE PET

Associate Professor at ESI Hospital and Postgraduate Institute, Basaidarapur, New Delhi.

Associate Professor at Chacha Nehru Bal Chikitsalaya, Delhi

Reviewer for indexed national and international journals

Research experience-

Guide and Co guide for postgraduate theses

Co PI- Hospital based sentinel surveillance of bacterial meningitis in India. (Indian Council of Medical Research funded multicentre study)

Co-PI in ICMR funded multicentric study (extramural research project) titled "Islet-antibody negative type 1 diabetes (type 1B) in north Indians: clinical implications and pathogenesis"

Publications: International-11 National-8

Book Chapters-2 (in IAP Textbook of Endocrinology and Practical Pediatric Endocrinology)

Select Publications:

1. Mittal M, Yadav V, Khadgawat R, Kumar M, Sherwani P. Efficacy and Safety of 90,000 IU versus 300,000 IU Single Dose Oral Vitamin D in Nutritional Rickets: A Randomized Controlled Trial. Indian J Endocrinol Metab. 2018 Nov-Dec;22(6):760-765.
2. Tayde A, Mittal M, Khadgawat R, Sharma S, Sreenivas V, Rai A. Response to single oral dose vitamin D in obese vs non-obese vitamin D-deficient children. Eur J Pediatr. 2020 Oct 12. Epub ahead of print.
3. Mittal M, Bansal V, Jain R, Dabla PK. Perturbing Status of Vitamin B12 in Indian Infants and Their Mothers. Food Nutr Bull. 2017 Jun;38(2):209-215.
4. Mittal M, Jain R, Talukdar B, Kumar M, Kapoor K. Malaria in children in North India – Emerging New Trends. J Vector Borne Dis 51, June 2014, pp. 115–118
5. Kalyan G B, Mittal M, Jain R. Compromised Vitamin B12 Status of Indian Infants and Toddlers. Food Nutr Bull. 2020 Sep 2 Epub ahead of print.

Oral presentations/Posters in pediatric endocrinology

1. Nutritional Rickets –90,000 IU Vitamin D3 is Safe and Effective at National Conference of Endocrine Society of India-ESICON 2016 on October 23, 2016 - Oral presentation -**First prize.**

2. **Second prize** in poster presentation "Pseudohypoparathyroidism presenting as intractable seizures" at IV Childneurocon, the fourth national conference of the Association of Child Neurology on 16-17 February 2013.

Others- Faculty for Pediatric Advanced Life Support and Basic Life Support Courses since 2002.

Agenda-

Ever so grateful to ISPAE for encouraging and providing a firm platform for learning the various nuances of pediatric endocrinology, I wish to contribute to its functioning and provide my services for furthering the cause of pediatric endocrinology in the country and help more pediatricians to gain what I did from ISPAE. I would like to contribute to its academic growth and also focus on developing patient resource materials, which I find to be an important need in pediatric endocrine clinic at my hospital