



Curriculum Vitae

Dr Meenakumari Mohan

Consultant Paediatric Endocrinologist

PSG Super Speciality Hospitals, Coimbatore, Tamil Nadu, South India

Date of birth: 10.03.1969

D401 Tulips Apartment,

Sowripalayam Post,

Coimbatore 641028

India: 0091 890 345 2 555

meenapaed@gmail.com

Qualifications

MBBS - 1992 Bharathiar University, Coimbatore, India

MRCPCH - 2004 – RCPCH - London UK

DCH - 2009 – RCPCH - London, UK

CCT – 2010 – RCPCH - London, UK

MSc Paediatric Diabetes – June 2011 – Warwick University, UK

FRCPCH – 2017 – RCPCH - London, UK

MA - Yoga in Human Excellence - 2020 - Bharathiar University, India

Learned Bodies:

Royal College of Pediatrics and Child Health - 117733

General Medical Council, UK - 5208043

APPES - 5396

International Society of Paediatric and Adolescent Diabetes - 35162746

Indian Society of Paediatric and Adolescent Endocrinology – L-11-M-228

Indian Academy of Paediatrics – AL/2011/M-301

Indian Medical Association – Tamil Nadu Medical Council – 50502

Long term goals:

1. To improve the quality of life of children with type 1 diabetes
2. To enable children with diabetes to broaden life beyond diabetes
3. Work towards preventing obesity and thereby type 2 diabetes in children

Vision for ISPAE

1. To work as a team and be an effective team member
2. To continue to imply and encourage nationwide registry for type 1 diabetes
3. To encourage professionals to pool data together to facilitate more meaningful multicentric research with large numbers within India

Contribution to diabetes and endocrinology:

- I have successfully recruited, registered and continuing to recruit and register children in SWEET Project, a working group from Europe, working towards improving the quality of children with diabetes globally, on an ongoing basis.
- I have completed a book which includes recipes for children with type 1 diabetes - individual recipes were provided by all the mothers of children with type 1 diabetes.
- I compiled a booklet for monitoring blood glucose values and food diary for children with type 1 diabetes. I have recently added another version to accommodate children and adolescents on CSII.
- I have conducted regular and frequent three monthly support group for families with children with type 1 diabetes and also adolescents with type 2 diabetes – I have conducted at least 70 support group activities so far apart from 50 virtual meetings during covid lock down.

- I organized a study day for all the professionals in our team, to enhance their knowledge on insulin pumps and their latest technology, supported by Medtronics.

Management skills

- I conducted a two day residential programme, in 2018, along with a paediatric diabetic nurse practitioner, from Qatar, Doha in UAE. A total of 60 families participated and were benefited from the programme.
- I have conducted PEDENDOCON 2012, and PEDENDOCON 2014, both one day paediatric endocrinology up dates, in Coimbatore, South India, catered towards post graduates and practicing paediatricians. Both were very well received successful programs with 125 participants and 80 participants respectively.
- Previous Treasurer Indian Academy of Paediatrics, Coimbatore Branch
- Previous member of Executive Council, ISPAE, Indian Society of Pediatric and Adolescent Endocrinology [2012-2014 & 2014-2016]
- Previous Advisory Board member for Medtronics – Insulin pumps division and Sun Pharma – Growth Hormone Division

Leadership skills

- I have empowered the departmental diabetes educators to take on and complete IDEAL course.
- I constantly strive towards improving and updating the quality of diabetes proforma which make it easy for diabetes educators to manage children and families with type 1 diabetes.
- I am a part of IDEAL teaching group - Indian Diabetes Education And Learning group
- I am also a part of IDEAS – Indian Diabetes Education and Awareness for Schools
- I have translated education material for regional language Tamil for IDEAS, and in the process of compiling a recorded video session, to facilitate type 1 diabetes education at schools.
- I have set up a charity account and enable free analogue insulin every month for about 30 children.
- I am an invited speaker in many national paediatric endocrine and diabetes meetings from the time I have been in India.

Publications

- Nutrition Guidelines for Type 1 Diabetes for RSSDI – Research Society for the Study of Diabetes in India, on the topic "Synchronizing Diet with Insulin Regimens." - **Ongoing**
- 'Old Is Gold': How Traditional Indian Dietary Practices Can Support Pediatric Diabetes Management Nutrients 2021, 13, 4427. [https:// doi.org/10.3390/nu13124427](https://doi.org/10.3390/nu13124427)

Salis, S.; Virmani, A.; Priyambada, L.; Mohan, M.; Hansda, K.; de Beaufort, C.

- Hemoglobin A1c Trajectories in the First 18 Months After Diabetes Diagnosis in the SWEET Diabetes Registry

Priya Prahalad, Anke Schwandt, Stephane Besancon, Meena Mohan, Barbora Obermannova, Melanie Kershaw, Riccardo Bonfanti, Auste Pundziute Lyckå, Ragnar Hanas, Kristina Casteels, SWEET Study Group

- [Diabetes MetabSyndrObes](#).2016 May 19;9:169-76. doi: 10.2147/DMSO.S102435. eCollection 2016

A qualitative study of perceptions of determinants of disease burden among young patients with type 1 diabetes and their parents in South India.

[Verloo H](#), [Meenakumari M](#), [Abraham EJ](#), [Malarvizhi](#)

- A study on the quality of life in children and adolescents with type 1 DM in the National Journal of Physiology [2019: Issue 2-Volume 7] website – <https://njp.org.in>