



## BEST-CORE COMMITTEE

### Program Directors

Dr. Shaila Bhattacharyya

Dr. Aspi Irani

Dr. Santhosh Olety

Ms. Sheryl Salis

Dr. Preeti Singh

Dr. Sirisha Kusuma B

## ISPAE OFFICE BEARERS

Dr. Anurag Bajpai

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For any queries:  
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# ISPAE - BEST (Basic Education Series in Type 1 Diabetes) 12<sup>th</sup> Batch

### **COURSE OBJECTIVE:**

To provide basic education on the ambulatory management of children and adolescents with type 1 diabetes

### **COURSE MODALITIES:**

Structured online training course consisting of 8 teaching sessions (each session one hour, two sessions/day)

### **COURSE DURATION:**

4 weeks, (Tuesday 7-9 PM), two-hour duration

### **LANGUAGE OF COMMUNICATION:**

English. Essential to have a laptop/ Desktop/ Tablet/ Smartphone; Chrome and Firefox (latest versions); IOS 9 and above (all iPad & Android devices), with good connectivity.

### **ELIGIBILITY CRITERIA:**

This course is intended for trained nursing staff, physician assistants, assistive school personnel, parents/caregivers of children with T1D, or adults with T1D, to learn the basics of type 1 diabetes and its ambulatory management

### **COURSE FEE:**

1000 INR/person (to be paid before the start of the course: non-refundable)

### **COURSE COMMENCEMENT DATE:**

5<sup>th</sup> May 2026

### **CANDIDATE SELECTION:**

A maximum of 30 participants will be selected per course.

### **APPLICATION:**

To apply, fill in the online registration form.

[https://docs.google.com/forms/d/1yaavQg-C1dIJMxUHFPvLuUiKMKCzY\\_J\\_500smRszAqs/edit](https://docs.google.com/forms/d/1yaavQg-C1dIJMxUHFPvLuUiKMKCzY_J_500smRszAqs/edit)

**LAST DATE FOR SUBMISSION OF APPLICATION**  
**22<sup>nd</sup> April 2026**